# Fitness & Aerobic Exercise

And more, as DANCE elements are included

# Classes to start in July 2018 Registration starts NOW!



# Miss Pinky Wong, Dance Coach

- **★** Asia Pacific Dance Association (APDA) Urban Ignition Diploma
- ★ International Dance Teachers Association (UK) Associate Member
- **★** The Repulse Bay Hong Kong Dancing Instructor
- **★** 1<sup>st</sup> Runner Up of the 1<sup>st</sup> Hong Kong Challenge Cup

# Dance to health & fun!

Enjoy a variety of fitness and aerobic exercises with build in dance elements to strengthen your body resistance and to help your joints and body to become more flexible!

Dates: JUL 19, 26; AUG 2, 9, 16 & 23, 2018 (All Thursdays)

Time: 8:30pm – 9:30pm

**Venue: Champion Ballroom Dance Academy** 

16A, North Cape Commercial Bldg., 388 King's Road, North Point, Hong Kong

- 香港北角英皇道 388 號北港商業大夏 16 樓 A 室 (3-min walk from North Point MTR Station, Exit B1)

Coach: Miss Pinky Wong (黃嘉潤)

Attire: Proper sports shoes and sportswear are required

Fees: \$640 for 6 classes

Registration: Please email the enrolment form to <u>natalie.wong@hkuaa.hk</u>

#### **Terms and Conditions**

HKU Alumni, HKU students and their personal friends are welcome to join the classes. Please make one lump sum payment if you enroll with your friend(s). Please advise the name(s), email address(es) and mobile phone number(s).

Please note that there will be NO REPLACEMENT or REFUND after payment, except if classes are postponed or cancelled.

Please register on or before Jul 15, 2018, late registration will not be processed.

## Registration

Please <u>complete the Enrolment Form</u> below with payment receipt and email to Ms. Natalie Wong at <u>natalie.wong@hkuaa.hk</u> <u>ON or BEFORE Jul 15, 2018</u>. If you enroll together with your friend(s), please copy the form twice and complete it for your friend(s) as well.

\*\*\*Enrolment Form\*\*\*

Full Name:

Gender:

**HKUAA Membership No.:** 

Phone:

Email:

Class (Please specify):

### Payment Method:

# 1) Payment by CREDIT CARD:

Please note that by sending email to us with your credit card information, Hong Kong University Alumni Association (HKUAA) is authorized to charge the amount indicated by you from your credit card. Please provide us with the following credit card information for processing payment

(You may use your own credit card to pay for your friend(s). But you must NOT provide your friend's or third party's credit card):

*Cardholder Name (Same as printed on credit card):* 

Credit Card Type (Visa / Master):

Credit Card Number:

Credit Card Expiry Date:

Amount to be charged (HK\$):

# 2) Payment by DEPOSIT (By ATM, Counter or Online):

Please deposit payment to our HSBC Account. Account Name: Hong Kong University Alumni Association Account No.: 808-5-000324

\*\*\*After you have made the payment, please scan the receipt and ATTACH it together with the enrolment form by email.

\*\*Please note that there will be NO REPLACEMENT OR REFUND after making your payment except if the classes are postponed or cancelled.